



# SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

\*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>
Belvita Biscuit Fresh Cutie Orange Water	Whole Wheat Thins Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Bean and Cheese Tacos Steamed (FF) Corn (FF) Peaches Milk	Baked Turkey Breast w/ Turkey Gravy Steamed Brown Rice Steamed (FF) Carrots Fresh Cut Melon Milk	Whole Wheat Breaded Chicken Breast Sandwich w/ Whole Wheat Bread Fresh Lettuce & Tomato (FF) Mixed Berries Milk	Whole Grain Turkey Spaghetti Steamed (FF) Green Beans Fresh Sliced Cantaloupe Milk	Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes (FF) Strawberries Milk
<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>
Animal Crackers Sliced Cheddar Cheese Water	Cheez-It's Turkey Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 2 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK	MORNING SNACK
Original Cheerios Fresh Cutie Orange Water	Whole Wheat Thins Banana Water	Whole Grain Fig Bar Unsweetened Applesauce Water	Lonestar Cheese Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Whole Wheat Breaded Chicken Breast Tenders Steamed (FF) Green Beans (FF) Peaches Milk	Italian Cheese Ravioli w/ Grated Parmesan Steamed (FF) Carrots (FF) Mixed Berries Milk	Oven Roasted Beef Hamburger White Burger Bun Fresh Lettuce & Tomato Fresh Cut Melon Milk	Whole Grain Pasta w/ Alfredo Steamed (FF) Broccoli Fresh Sliced Cantaloupe Milk	BBQ Beef Meatballs Whole Wheat Sliced Bread Banana Steamed (FF) Corn Milk
AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK	AFTERNOON SNACK
Animal Crackers Sliced Cheddar Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Sliced Colby Jack Cheese Water	Corn Tortilla Turkey Water	Granola Bar Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



## SPRING & SUMMER WEEK 3 MENU

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MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST		BREAKFAST	
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk		Blueberry Whole Grain Muffin Banana Milk		Waffle Fresh Cutie Orange Milk		Pancake Banana Milk		Cinnamon Raisin Toast Unsweetened Applesauce Milk	
MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK		MORNING SNACK	
Belvita Biscuit Fresh Cutie Orange Water		Whole Wheat Thins Banana Water		Graham Crackers Unsweetened Applesauce Water		Blueberry Whole Grain Muffins Banana Water		Fruit & Grain Bar Fresh Cutie Orange Water	
HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH	
Bean and Cheese Tacos Steamed (FF) Corn (FF) Peaches Milk		Baked Turkey Breast w/ Turkey Gravy Steamed Brown Rice Steamed (FF) Carrots Fresh Cut Melon Milk		Whole Wheat Breaded Chicken Breast Sandwich w/ Whole Wheat Bread Fresh Lettuce & Tomato (FF) Mixed Berries Milk		Whole Grain Turkey Spaghetti Steamed (FF) Green Beans Fresh Sliced Cantaloupe Milk		Chicken Breakfast Sausage Whole Grain Pancakes Breakfast Potatoes (FF) Strawberries Milk	
AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK		AFTERNOON SNACK	
Animal Crackers Sliced Cheddar Cheese Water		Cheez-It's Turkey Water		Pretzel Thins Hummus Water		Whole Grain Snack Mix Turkey Pepperoni Water		Whole Grain Crackers Sliced Swiss Cheese Water	
*Animal Crackers / Fresh Fruit or Fresh Veggie		*Cheez-It's / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie		*WG Snack Mix / Fresh Fruit or Fresh Veggie		*WG Crackers / Fresh Fruit or Fresh Veggie	

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# SPRING & SUMMER WEEK 4 MENU

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>
Original Cheerios Fresh Cutie Orange Water	Whole Wheat Thins Banana Water	Whole Grain Fig Bar Unsweetened Applesauce Water	Lonestar Cheese Crackers Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Whole Wheat Breaded Chicken Breast Tenders Steamed (FF) Green Beans (FF) Peaches Milk	Italian Cheese Ravioli w/ Grated Parmesan Steamed (FF) Carrots (FF) Mixed Berries Milk	Oven Roasted Beef Hamburger White Burger Bun Fresh Lettuce & Tomato Fresh Cut Melon Milk	Whole Grain Pasta w/ Alfredo Steamed (FF) Broccoli Fresh Sliced Cantaloupe Milk	BBQ Beef Meatballs Whole Wheat Sliced Bread Banana Steamed (FF) Corn Milk
<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>
Animal Crackers Sliced Cheddar Cheese Water	Pretzel Thins Turkey Pepperoni Water	Buddy Grahams Sliced Colby Jack Cheese Water	Corn Tortilla Turkey Water	Granola Bar Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_



# SPRING & SUMMER WEEK 5 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

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A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

FF= Flash Fresh Frozen | WG= Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
Apple Cinnamon Oatmeal Unsweetened Applesauce Milk	Blueberry Whole Grain Muffin Banana Milk	Waffle Fresh Cutie Orange Milk	Pancake Banana Milk	Cinnamon Raisin Toast Unsweetened Applesauce Milk
<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>	<b>MORNING SNACK</b>
Belvita Biscuit Fresh Cutie Orange Water	Whole Wheat Thins Banana Water	Graham Crackers Unsweetened Applesauce Water	Blueberry Whole Grain Muffins Banana Water	Fruit & Grain Bar Fresh Cutie Orange Water
<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>	<b>HEALTHY LUNCH</b>
Bean and Cheese Tacos Steamed (FF) Corn (FF) Peaches Milk	Whole Wheat Breaded Chicken Breast Tenders Steamed (FF) Green Beans (FF) Strawberries Milk	Whole Grain Pasta Fagioli Steamed (FF) Peas (FF) Mixed Berries Milk	Chicken Breakfast Sausage Whole Grain Pancakes (FF) Strawberries Breakfast Potatoes Milk	BBQ Beef Meatballs Whole Wheat Sliced Bread Banana Steamed (FF) Corn Milk
<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>	<b>AFTERNOON SNACK</b>
Animal Crackers Sliced Cheddar Cheese Water	Cheez-It's Turkey Water	Pretzel Thins Hummus Water	Whole Grain Snack Mix Turkey Pepperoni Water	Whole Grain Crackers Sliced Swiss Cheese Water
*Animal Crackers / Fresh Fruit or Fresh Veggie	*Cheez-It's / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie	*WG Snack Mix / Fresh Fruit or Fresh Veggie	*WG Crackers / Fresh Fruit or Fresh Veggie

Child's Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_