



SPRING & SUMMER WEEK 1 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday	
BREAKFAST		BREAKFAST		BREAKFAST	
Waffles	Fruit Smoothie/Yogurt	Cheese Omelet w/Country Hashbrown	Cinnamon Toast	Turkey Cheese Croissant Sandwich	
Fruit	Fruit	Fruit	Fruit	Fruit	
*Waffle & Fruit	*Yogurt & Fruit	*Cheese Omelet & Fruit	*Cinnamon Toast & Fruit	*Cereal & Fruit	
Milk	Milk	Milk	Milk	Milk	
AM SNACK		AM SNACK		AM SNACK	
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar	
Fruit	Fruit	Fruit	Fruit	Fruit	
Water	Water	Water	Water	Water	
HEALTHY LUNCH		HEALTHY LUNCH		HEALTHY LUNCH	
Pasta Alfredo	Chicken and Cheese Crispito	Cheese Quesadilla	Chicken Breast Sandwich	Charcuterie	
Salad w/Ranch	Corn	Black Beans	Green Beans	Fresh Vegetables	
Tropical Fruit	Peaches	Fresh Fruit	Pineapple	Oranges	
Milk	Milk	Milk	Milk	Milk	
PM SNACK		PM SNACK		PM SNACK	
Graham Crackers	Cucumber Slices w/Ranch	Pretzel Thins	Fig Bar	Goldfish	
Cream Cheese	Club Crackers	Hummus	Cheese	Applesauce	
*Graham Crackers/ Fruit or Veggie	*Cereal/Fruit or Veggie	*GoGurt/ Fruit or Veggie	* Fig Bar/Fruit or Veggie	*Goldfish/Fruit or Veggie	
Water	Water	Water	Water	Water	

Child's Name: _____

Parent Signature: _____

Date: _____



SPRING & SUMMER WEEK 2 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Biscuit w/Jelly Fruit	Cereal Fruit	Pancakes Fruit	Bean and Cheese Taco Fruit	French Toast Sticks Fruit
*Biscuit & Fruit	*Cereal & Fruit	*Pancakes & Fruit	*Bean and Cheese Taco & Fruit	*French Toast sticks & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Graham Crackers Fruit Water	Whole Grain Muffins Fruit Water	Fig Newtons Fruit Water	Goldfish Fruit Water	Belvitas Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Cheese Ravioli Mixed Vegetables Peaches Milk	Salisbury Steak Broccoli and Cheese Mandarin Oranges Milk	Cheese Pizza Salad w/Ranch Pears Milk	Baked Chicken Egg Rolls Mixed Vegetables Diced Pears Milk	Beef and Cheese Burrito Corn Pineapple Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Veggie Straws Applesauce	Turkey Slices Whole Grain Crackers	Fig Bar Cheese	Bananas Crackers	Pretzel Thins Turkey Pepperoni
* Veggie Straws/ Fruit or Veggie	*Turkey Slices/ Fruit or Veggie	*Fig Bar/ Fruit or Veggie	*GoGurt/ Bananas	*Cereal/Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____
 Parent Signature: _____ Date: _____



SPRING & SUMMER WEEK 3 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST				
Waffles	Turkey Cheese Croissant Sandwich	Cheese Omelet w/Country Hashbrown	Cinnamon Toast	Yogurt
Fruit	Fruit	Fruit	Fruit	Fruit
*Waffle & Fruit	*Cereal & Fruit	*Cheese Omelet & Fruit	*Cinnamon Toast & Fruit	*Yogurt & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK				
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar
Fruit	Fruit	Fruit	Fruit	Fruit
Water	Water	Water	Water	Water
HEALTHY LUNCH				
Ramen Noodles	Swedish Meatballs	Cheese Quesadilla	Chicken Nuggets	Charcuterie
Peas & Carrots	Sliced Bread	Black Beans	Broccoli & Cheese	Fresh Vegetables
Diced Pears	Corn & Diced Pears	Oranges	Pineapple	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK				
Pretzel Thins	Fig Bar	Cucumber Slices w/ Ranch	Snack Mix	Cheezits
Hummus	Cheese	Ritz Crackers	Turkey Pepperoni	Applesauce
*Graham Crackers/ Fruit or Veggie	*Fig Bar/Fruit or Veggie	*Cereal/Fruit or Veggie	*Snack Mix / Fruit or Veggie	*Cheezits/Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____				
Parent Signature: _____			Date: _____	



SPRING & SUMMER WEEK 4 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Pancakes Fruit	Cereal Fruit	Yogurt Fruit	Bean and Cheese Taco Fruit	French Toast Sticks Fruit
*Pancakes & Fruit	*Cereal & fruit	*Yogurt & Fruit	*Bean and Cheese Taco & Fruit	*French Toast sticks & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Graham Crackers Fruit Water	Whole Grain Muffins Fruit Water	Fig Newtons Fruit Water	Goldfish Fruit Water	Belvitas Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Spaghetti W/ Garlic Bread Peas Pineapple Milk	Chicken Baked Egg Rolls Mixed Vegetables Peaches Milk	Cheese Pizza Salad w/Ranch Oranges Milk	Chicken and Cheese Crispito Corn Tropical Fruit Milk	Fish Sticks Broccoli with Cheese Pears Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Veggie Straws Applesauce	Turkey Slices Pretzel Thins	Gogurt Animal Crackers	Fig Bar Cheese	Snack Mix Turkey Pepperoni
*Veggie Straws/ Fruit or Veggie	*Turkey Slices/ Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Fig Bar/ Fruit or Veggie	*Snack Mix / Fruit or Veggie
Water	Water	Water	Water	Water

Child's Name: _____

Parent Signature: _____ Date: _____



SPRING & SUMMER WEEK 5 MENU

Infants or children with allergies may write the child's name on the menu and CIRCLE items the child MAY eat and turn into your location's Kitchen Manager.

*Items listed in grey are specific to the Infant classroom ONLY. Formula or breast milk provided by the parent must be served with all meals and snacks.

A vegetarian option will be provided upon request and will consist of a dairy protein and whole grain.

Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Waffles	Biscuit w/Jelly	Cheese Omelet w/Country Hashbrown	Cinnamon Toast	Bean and Cheese Taco
Fruit	Fruit	Fruit	Fruit	Fruit
*Waffle & Fruit	*Biscuit & Fruit	*Cheese Omelet & Fruit	*Cinnamon Toast & Fruit	*Bean and Cheese Taco & Fruit
Milk	Milk	Milk	Milk	Milk
AM SNACK	AM SNACK	AM SNACK	AM SNACK	AM SNACK
Buddy Grahams	Pastry Crisp	Oatmeal Bar	Soft Baked Muffin	Fruit & Grain Bar
Fruit Water	Fruit Water	Fruit Water	Fruit Water	Fruit Water
HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH	HEALTHY LUNCH
Mac N Cheese	Turkey Pepperoni, Beef & Cheese Calzone	Ramen Noodles	Picadillo Taco	Turkey & Cheese Sandwich
Corn	Mixed Veggies	Peas & Carrots	Carrots	Fresh Vegetables
Salad w/Ranch	Pears	Diced Pears	Pineapple	Fruit
Milk	Milk	Milk	Milk	Milk
PM SNACK	PM SNACK	PM SNACK	PM SNACK	PM SNACK
Graham Crackers	Carrots	GoGurt	Crackers	Goldfish
Cream Cheese	Hummus	Animal Crackers	Cream Cheese	Applesauce
*Graham Crackers/ Fruit or Veggie	*Fig Bar/Fruit or Veggie	*GoGurt/ Fruit or Veggie	*Cereal/Fruit or Veggie	*Goldfish/Fruit or Veggie
Water	Water	Water	Water	Water
Child's Name: _____				
Parent Signature: _____			Date: _____	